

# Healthy Relationships Plus

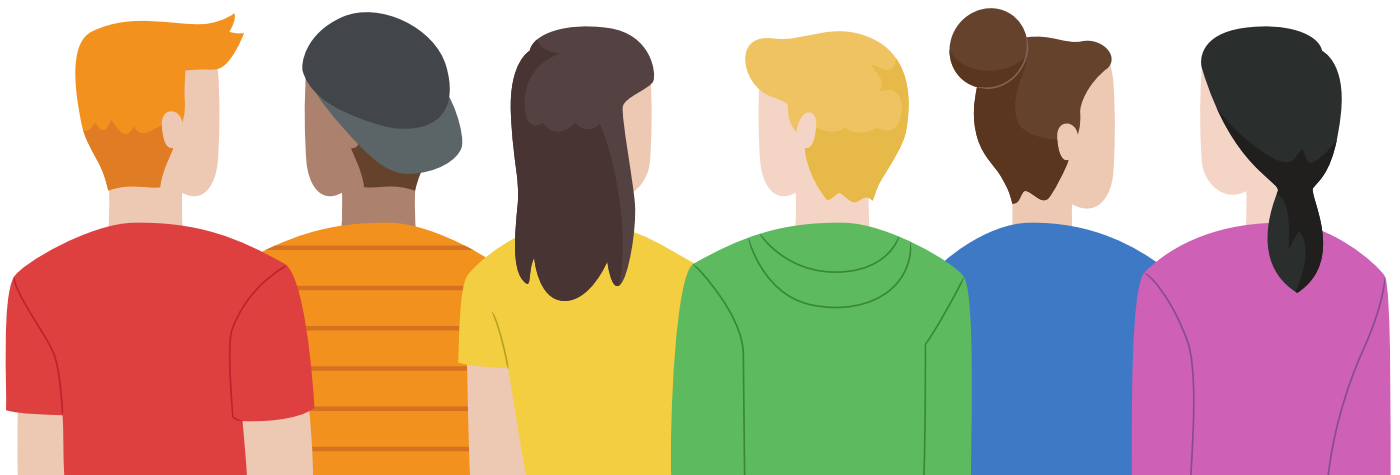
## 16-week group for Youth ages 15-18

October 3, 2023 – January 30, 2024

Learn to grow  
healthy  
relationships

### Topics include:

- healthy communication skills
- safety planning
- dating violence
- personal rights & responsibilities
- setting boundaries



**WHEN:** Tuesdays from 6:00 PM – 8:00 PM  
October 3, 2023 to January 30, 2024

**WHERE:** Humana Community Services  
372 Maitland St. London, ON N6B 2Z1 (rear annex)



For more information  
and to register please call  
519-433-0334

